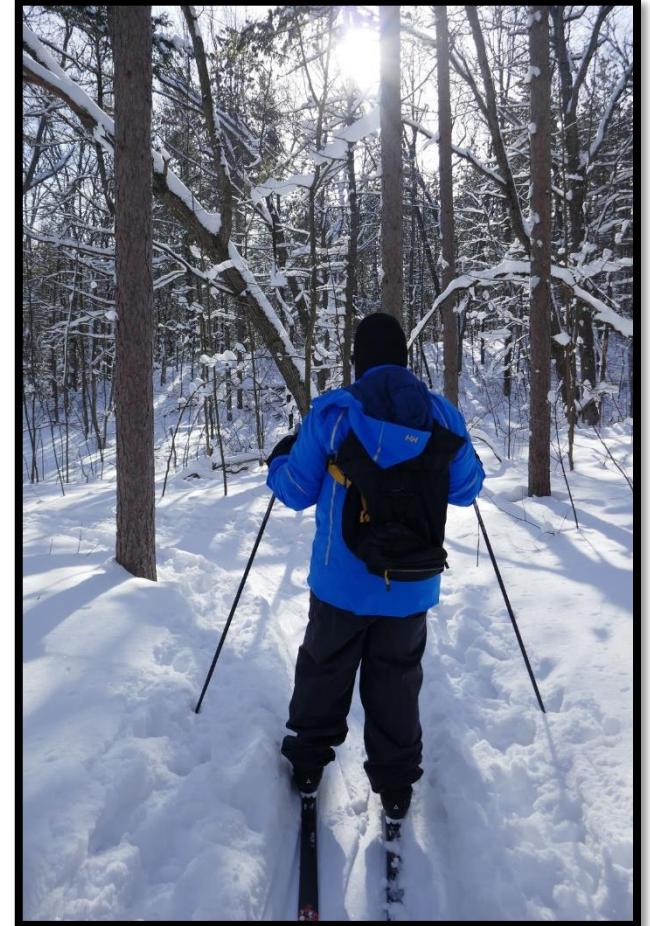
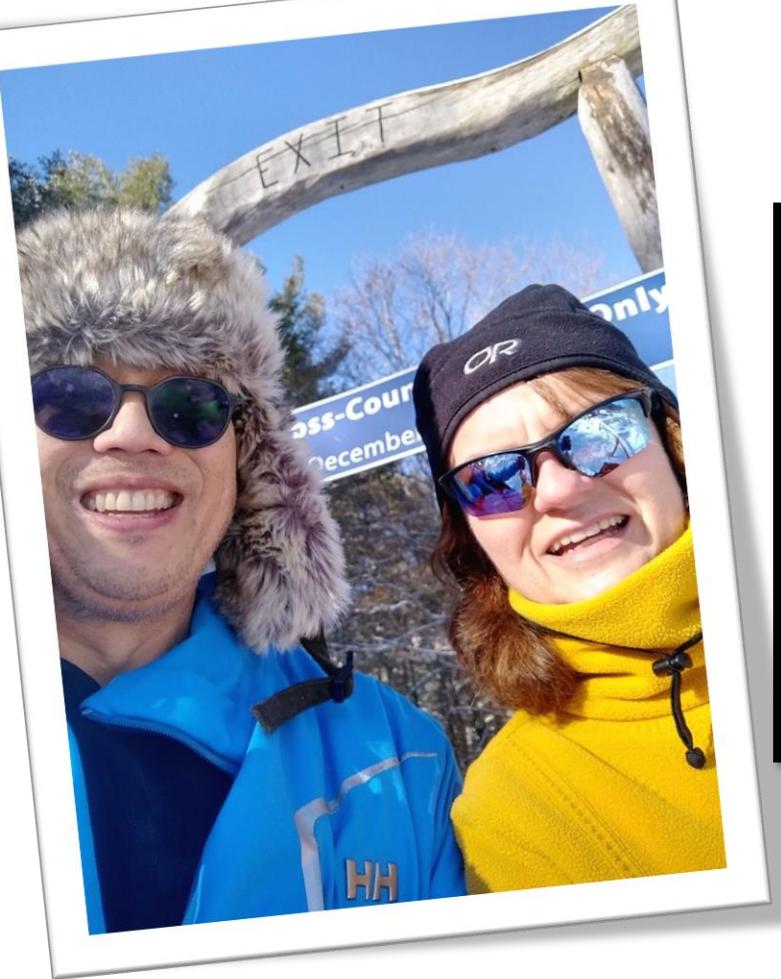


# Christmas 2022





# Cross Country Skiing



We started cross country skiing this year and it's quite beautiful in the forested area where we ski...except for the terrifying downhill turns (we know it's just cross country skiing but we're scaredy cats) .

## Videos:

- [Cross Country Skiing in the Northumberland Forest](#)
- [Chickadees at the Kawartha Nordic Ski Club](#)

# Hockey



The guys Mike plays hockey with honoured him with their annual "Fonz" award, for overall contribution to the group. What a lovely surprise.



# Line Dancing



Rhonda started teaching line dancing this year.  
Mike is her DJ!

[Video: A Dance Choreographed by Rhonda](#)



# Pickleball



We also started playing pickleball. Thanks to our friends Pete and Rita for getting us started.

## Spring Scenery – Lang Hastings Trail



Video: [A Stream by the Trail](#)

# Hoards River and Trent River Near Glen Ross



# The Lang-Hastings Trail – Still Our Favourite!



Our first attempt with an electric bike was fun. The beavers were apparently very busy this year.

# Mountain Biking

We also started a little mountain biking (bruises and cuts no charge).



Video: [Harold Town Conservation Area Mountain Biking](#)  
(warning, long video)

# Kayaking - Trent River by Hastings Mill



Video: [Hastings Mill - Blue Heron and Goose Family](#)

## More Kayaking Adventures



Our first (and last) experience paddling through a lock was interesting (see video). We also discovered the Crow Bridge Conservation Area – a fun swimming spot. Sometimes we see fishers near the locks.

**Video:** [Healey Falls Lock 15 and Crow Bridge Conservation Area](#) (warning, long video)



The Indian River is a perfect spot to paddle with friends. The Wandich Residence (top right) on Stony Lake is an unusual cottage that resembles a swing bridge. The lake itself can be a bit rough (bottom right).

Unrelated Bonus Videos: [Meyersberg Lock 9 and Self Rescue](#)

[Eels Creek to High Falls](#)

# Wildflower Garden



# Visits with Friends...





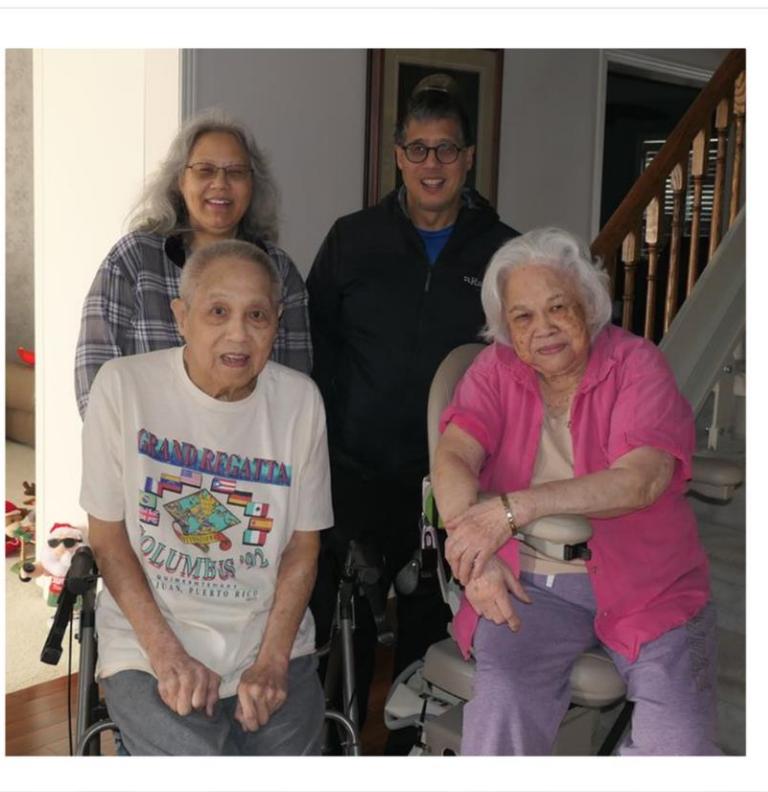




We received a very special gift commemorating our trip across Canada. Thank you, Sheila and Carla!

# Visits With Family...









Video: [Family Bowling](#)



For this year's picnic we rented the Minesing bowling alley. So much fun!



## Fall in the Kawarthas – Burleigh Falls





# Concerts



Video: [Boney M in Peterborough](#)



Video: [Irish Descendants in Fenella](#)



Video: [Crooks Rapids Countryfest](#)  
(warning, very long video)

## Excerpts from Dennis's Letter to His Children

*Something I tend to do better in writing than in talking and this is one of them.*

*I have put these things in writing to remind me of the things I should be thankful for. When I reflect on my life I have a lot to be thankful for.*

*I certainly did not do well at school. I guess I was not very bright and I just made it through College. Because we had to work in the shop we did not have much time for recreation or sports. We were a very close knit family but a happy family. We always thought of ourselves as middle class but in reality we were poor. We did not own a car so we did not go anywhere. However Mom made sure that we always had chicken to eat at least once per week.*

*After I left St Mary's college I started working at Alstons in the accounting department, then I was transferred to Metal Products Ltd, a window and Door Metal factory where I was promoted to office manager. After working there for about 10 years I decided to move to Canada because I thought it was the only way I could ever afford to send all my children for a University education.*

*When I arrived in Canada I got a job at \$7.00 per hour working in the Accounting department at Longmans Canada later changing its name to Harcourt Canada. Shortly afterwards, the Controller left and I was promoted to that position later moving over to Treasurer and director of the Company where I eventually retired after 35 years service in December 2001.*

*God has been good to us and we should all pray and thank him for all he has done for our family.*

*In my early days my love for my immediate family was most dear and important to me. My mother, my father, Denice, Grace, Philma and Kelvin meant everything to me and I loved them dearly. Mom gave her whole life for her children and Dad worked very hard and was good to us. They both had tough lives and we owe them for everything they have done for us.*

*When I got married, Mom was the only person that I wanted and she made me very happy and I will always love her to the very end.*

*Now my life is centered for Mummy and my four children and Connor and Sarah and I love you all very much.*



Dennis Ho Hing (June 16, 1936 - July 15, 2023)



**Now here are lots of pictures of food  
(many pages, view at own risk)**

# Food We Cooked (and ate)





# Food We Ate





















# Desserts





